

MARCH 2023

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GLENDALEthumper

THE OFFICIAL GLENDALE & GLENDALE MEADOWS COMMUNITY NEWSLETTER



**WELCOME TO THE NEIGHBOURHOOD
TRAVIS, CLAIRE, AND DUCKY!**

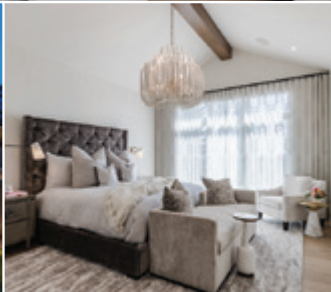


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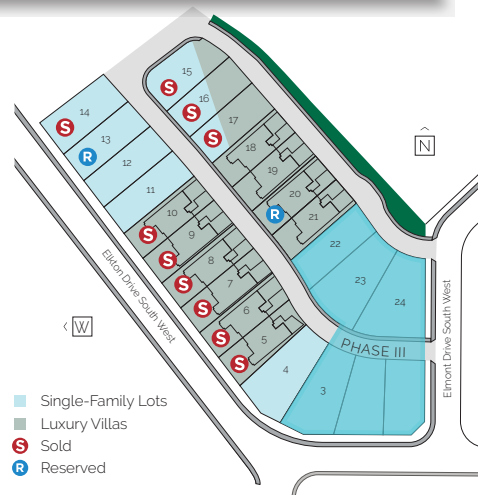
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101 and Still Having Fun!

In February, Glendale resident Ernesto Stamile celebrated his 101st birthday, with friends, family, and neighbours at his side. Ernesto and his wife, Mafalda, moved into their bungalow on 37 Street in 1967. The couple still gardens together, makes gnocchi from scratch, and enjoys a glass of homemade wine together.

Ernesto walks on his treadmill daily and is an excellent artist, painting many landscapes and memories from his early life growing up in Italy.



Community Cleanup Day 2023

The Glendale Community Association is excited to be partnering with The City of Calgary for our annual Community Cleanup Day on April 23 from 9:00 am to 2:00

pm in the Glendale Elementary School parking lot. This annual event is an opportunity for residents to get rid of any unwanted items or household waste.

The City of Calgary trucks will accept organics, recyclable material, and black bin trash. The trucks will not accept car batteries, glass (e.g., window or glass tops), household appliances, microwaves, liquids (e.g., cooking oil), large metal items (e.g. BBQs, lawnmowers), sod or dirt, or household hazardous waste (e.g. propane tanks, paint, chemicals).

For more information, please keep an eye on our social media accounts as we get closer to the date or look for a reminder in the April Thumper.



Mud Season 2023

We know what seasons we get to enjoy in Calgary. We still have second winter to look forward to, and then mud season. And

then we're destined for the great outdoors. You never need a manicure if you're digging in the dirt. Contact Mel, our Community Garden Coordinator to put your name on the list for a garden plot for 2023. A \$35 plot is just the ticket – along with a Community Association membership! Reach out today by emailing garden@myglendale.ca.

Note from the Editor

You will notice that in this edition of the Thumper, in our "Residents of Glendale" section, we introduce a couple that is new to the neighbourhood, Travis and Claire. We love introducing new people in our community, so if you have recently moved in, or know of someone who has, please reach out so we can connect and get to know our new neighbours.

Until next time,

Kendra Horosko, Editor

thumpereditor@yahoo.ca



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Recipe Corner

Recipe submitted by Anna Shannon

This salad is the result of experimenting with different recipes to find the flavours my family loves. It's easy to put together and can be as spicy as you like. Some cabbages are hard to find in Calgary, but any cabbage will do. I find the pointed or flat ones easier to digest.

Oh Ye Gods Green Salad

Makes two large servings

Finely dice:

- 1/2 cucumber
- 1/4 pointed or flat cabbage

Blend the dressing:

- 1/2 bunch parsley
- 1 clove of garlic
- 3 tbsp. olive oil
- 1 tbsp. maple syrup
- 1/4 cup of lemon juice
- Salt and chili flakes to taste
- A little water to thin

Mix the dressing with the veggies and add optional protein.

Anyone can submit a recipe for the Thumper—even you! If you have an original recipe that you'd like to share, please email it to thumpereditor@yahoo.ca.

Call for Glendale Stories

STORIES ENRICH OUR LIVES

The Glendale/Glendale Meadows community is full of stories waiting to come alive on the pages of this newsletter to be shared with our neighbours. We are always looking for content submitted by our local community members.

Even if you don't have a specific story to share in the Thumper, you can still contribute by:

- Submitting a recipe (and perhaps photo) for "Recipe Corner"
- Sending in a photo and write-up on your pet for "Pets of Glendale"
- Submitting a picture of artwork that you, or a child in your life, has created.

Please e-mail submissions and questions to Thumper Editor, Kendra Horosko at thumpereditor@yahoo.ca.





Glendale Real Estate Update

Last 12 Months Glendale
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
January 2023	\$642,450.00	\$628,500.00
December 2022	\$638,000.00	\$620,000.00
November 2022	\$624,950.00	\$661,000.00
October 2022	\$649,900.00	\$642,000.00
September 2022	\$632,450.00	\$625,750.00
August 2022	\$529,950.00	\$530,000.00
July 2022	\$650,000.00	\$610,000.00
June 2022	\$594,950.00	\$592,000.00
May 2022	\$640,000.00	\$650,000.00
April 2022	\$617,800.00	\$605,000.00
March 2022	\$684,900.00	\$680,000.00
February 2022	\$735,000.00	\$761,000.00

Last 12 Months Glendale
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
January 2023	0	2
December 2022	4	5
November 2022	3	2
October 2022	1	1
September 2022	7	4
August 2022	3	2
July 2022	2	2
June 2022	2	4
May 2022	6	7
April 2022	6	5
March 2022	6	2
February 2022	8	5

To view more detailed information that comprise the above
MLS averages please visit glend.mycalgary.com

Bumblebees

Article and photo by Monika Smith

I've ordered a few varieties of plugs for spring with some selected 'just because.' Just because I like blue flowers, I will be planting blue flax (*Linum lewisii*). But it's good to know that this plant is hardy, loves the sun, is drought tolerant, blooms all summer, spreads by seeds, and is attractive to birds, bees, and butterflies. Blue flowers attract bees. More sky-blue, blue? Smooth blue beardtongue (*Penstemon nitidus*). More bees. Native bees have co-evolved with native plants.

But I'm also fascinated by plants with attributes, such as prairie smoke or old man's whiskers (*Geum triflorum*). It has marvellously bright, nodding burgundy flowers that form incredibly feathery seed heads. The lavender pink flowers of the wild bergamot (*Monarda fistulosa*) produce a wonderful spicy scent. I've had no luck with the shooting star (*Primula conjugens*), a little greenery, but that was it. Another attempt this year. One of my favourite flowers is the red paintbrush (*Castilleja miniata*), a gorgeous candy-apple red with brilliant yellow streaks, which has shown up in my meadow in pink but seems to get crowded out by its grassy host. Trying again. Then there's northern bedstraw (*Galium boreale*), which is actually easy to grow, but also got squeezed out by more vigorous native plants. The rule of thumb has been to plant plugs about a foot apart. The blanket flower (*Gaillardia aristata*) and fireweed (*Chamaenerion angustifolium*) didn't read the memo and need a lot more room. For a quick 'fill,' these are the plants to consider. Lesson learned.

As a huge fan of native bumblebees, I was surprised to learn bee tongue length determines what plants it visits. There are some 41 bumblebee species in Canada, with 28 in Alberta. We have some of the richest, most biodiverse habitats in North America for bumblebees. In addition, bumblebees do buzz pollinating, which is important to shooting stars and your tomatoes and squashes!

I confess, I'm not out there 24/7 checking out their favorite plants, but, when you see bumblebees mobbing a flower, you notice.

Bumblebees live in the ground, under porches, in old rodent burrows, or tree hollows (another reason not to disturb the leaf litter in the fall or go digging around).

The bumblebee is eusocial, with a queen and daughters raising young bees. While the honeybee can have 60,000 bees in a hive, the bumble bee colony only has 200 or more, depending, but they don't build hives or make honey; they store nectar in 'pots.'

Another thing to admire is how tough they are. The first ones are out in spring and the last bee is usually seen in the fall. While they fly much slower than a honeybee (average 21 km/h), the bumblebee (around 11 km/h) can handle stiff winds to forage.

I've taken photos of the *Bombus rufocinctus*, or red-belted bumblebee that feasts on my wild roses. It is very common in Calgary. It has a short tongue and a good variety of flowers it can use, including yarrow, asters, prairie clover, blanket flowers, sunflowers, lupins, and snowberries. I have a few of these native plants that 'my' bumblebees can gather from ensuring a continuous supply of nectar and pollen from early spring to late fall.

But it is the non-native plants that are mobbed in my yard: the globe thistle and catmint have been winning hands down. Both are easy to grow, hardy, and give bumblebees a chance to thrive.

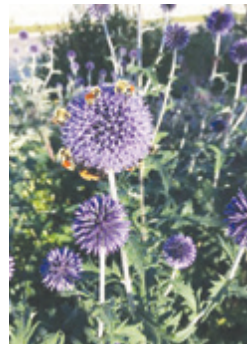
The Alberta Native Bee Council provides a lot of information on native bees.

If you would like to participate in more online (Zoom) talks or even give a talk, please contact me. Interested in a native and/or cherished plant walkabout in the spring or summer? What are you growing? Is it time to plan a seed or plant exchange? Contact me.

Until next time,

from Monika's Grove

membership@myglendale.ca



*The globe thistle (*Echinops ritro*), with its flowers open, is being mobbed possibly by Hunt's bumblebees (*Bombus huntii*). At the bottom of the plant, just visible, another species, possibly: Perplexing or Confusing bumblebee (*Bombus perplexus*), another common bumblebee. Experts should rescue me from my misidentification.*

Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1

Information: 403-242-2110

Glendale on the Internet:

www.myglendale.ca

facebook.com/GlendaleGlendaleMeadowsCommunityAssociation



Board of Directors & Community Contacts

GLENDALE GLENDALE MEADOWS BOARD OF DIRECTORS

President	Chris Welner	403-796-6552	president@myglendale.ca
Past President	Paul McCormick	403-240-4168	paulgreenescape@gmail.com
Vice President/ Hall Rentals	Amanda Saigeon	403-471-2057	glendalehallrental@gmail.com
Vice President	Myles Trawick	403-680-5582	mylestrawick@gmail.com
Treasurer	Terry Craigmile	403-246-6218	tcraigmile@shaw.ca
Secretary	Veronika Duska	403-242-4828	secretary@myglendale.ca
Social Events	Vacant		social@myglendale.ca
Thumper Editor	Kendra Horosko		thumpereditor@yahoo.ca
Website	Jennelle Inlow		info@myglendale.ca
Membership Director	Monika Smith		membership@myglendale.ca
Community Garden	Mary Lynn Bryan		garden@myglendale.ca
Member-At-Large	Michael Bussoli	403-671-2890	michael.bussoli@gmail.com
Member-At-Large	Keegan Janke	780-246-0008	keeganjanke@gmail.com
Member-At-Large	Mike Meredith	403-461-9555	
Member-At-Large	Joe Ross		ross_ig@icloud.com

GMCA COMMUNITY CONTACTS

Glendale Preschool Coordinator	Jodi Durant	403-560-4881	glendalecommunitypreschool@gmail.com
Guides	Yvonne Orme	403-217-1294	128guides@gmail.com
Sports and Recreation	Ken Rogers	403-801-1602	kwrogers@telus.net
Building	Greg Smith	403-217-0551	
Councillor	Richard Pootmas		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca

THE THUMPER

Kendra Horosko • Kent Klatchuk • Monika Smith

Board Meetings

are held the second Wednesday of each month.

The next meeting will be held on Wednesday,
March 8, 2023.

Annual Community Memberships \$35, Tennis Membership \$70,
plus \$20 key deposit

**To submit content for publication in the Thumper,
please email thumpereditor@yahoo.ca**

All residents are welcome to attend. Please email president@myglendale.ca for the meeting link.



Glendale/Glendale Meadows
Community Association

COMMUNITY CLEAN UP

The City of Calgary and the Glendale Community Association have partnered again this year to provide residents the opportunity to get rid of any unwanted items or household waste. This event saves Calgarians a trip to the landfill and provides free packing trucks, crew and volunteers!



The following **MAY NOT** be brought to the clean up site:

Tires	Home Appliances	Paint
Chemicals	Propane Tanks	Glass
Car Batteries	Microwaves	Liquids

For more information visit

<https://www.calgary.ca/communities/community-cleanups.html>

Calgary



April 23, 2023
9:00AM - 2:00PM
2415 Kelwood Dr SW

Residents of Glendale



Claire, Travis, and their black lab, Ducky, (this month's Pet of Glendale) just moved to the neighbourhood in January. In the short time they have been here, they are already loving how densely treed Glendale is and have enjoyed playing hockey on the community ice rink. Claire notes, "Every neighbour that we've met so far has raving reviews about the neighbourhood!" Welcome to Glendale Claire, Travis, and Ducky!



Technically, Alberta Jean and Cary live just outside of our neighbourhood boundaries in Glenbrook, but we will call them honorary Glendale residents. This matching duo has lived in the community for nearly 30 years. They enjoy going for walks around the neighbourhood, and have seen a lot of change since they moved in the early 1990s.

... WELCOME TO ... GLENDALE COMMUNITY PRESCHOOL



Our teaching team is excited to have you register your children in our program!

Register now for the 2023 school year

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Afternoon classes limited space

Contact: glendalepreschool@myglendale.ca, or

Preschool Coordinator Jodi Durant at 403-560-4881

A Few Words on Birds - Ruddy Duck

by Catherine Warwick

If you see a Ruddy Duck, be sure to exclaim in a British Accent, "It's a Ruddy Duck!". In Britain, "ruddy" is used as an intensifier (i.e., it's ruddy cold out), so it's like saying, "This is the duckiest duck", which isn't untrue when it comes to the Ruddy Duck. To be honest the name has a more boring origin, it actually comes from the breeding male, ruddy refers to its reddish plumage.

The Ruddy Duck comes back to Calgary earlier than most birds, usually in March. By April, you can head out to Frank Lake to see one of these fascinating ducks. The most unusual thing about them is the bright blue bill that the male sports in the breeding season. It's so nice to see some bright colours on animals around here, most seem to be dun-coloured, blending in with their surroundings. It's such a thrill to spot the bright blue through your binoculars. Eat your heart out, tropics! We may colour our houses brown and beige, but we do have a blue-billed duck.

On Frank Lake the Ruddy Duck is seen paddling around with its chest out, a black cap, white cheeks, and a tail sticking straight up behind it; they are unmistakable. If you are lucky, you will see its funny little courtship dance where it bobs its head up and down and hits its bill on the water, all the while making ticking and clapping sounds. It is also one of the more aggressive ducks and I have seen it swim after other ducks around it. Its feet are further back on its body than most ducks, so it is ungainly on land. This also means it sticks its chest out like a little boxer, looking even more aggressive; "You want a piece of me!" should be its breeding cry instead of ticking and clapping. Although this duck is a squat little thing it is very aerodynamic underwater and can dive a metre with one kick of its foot. It also uses its stiff tail like a rudder. It has the ability to escape predators by slowly sinking straight down into the water without a ripple. I guess it knows when to leave a fight too.

The Ruddy Duck is native to North America, but someone brought a group to England and they escaped! They are now an invasive species living in the wild there and are apparently spreading to Europe. Probably beating up the weak European ducks as they go. We only hear

about the species that were brought here and escaped. It seems like if you bring a group of birds anywhere new, they will invariably escape and start upsetting the local bird populations. Maybe we should just stop moving them around?

The eggs of the hen are very large, compared to their body weight they are the largest of all the ducks. They are also almost spherical. A hen can lay one per day, and the clutch she ends up with can exceed her body weight! The eggs are big, but the upside is out of them come big ducklings that are soon ready to swim by themselves.

All this combines to make a unique and charming little duck that I love seeing every year at Frank Lake. Make the trip and you might see the Ruddy picking fights and then slowly disappearing under the water to escape them.



A rare picture of a Ruddy Duck walking; that's because he's at the zoo!



A female Ruddy Duck, apparently, she likes the colour blue. Picture by Diane Stinson.

PETS OF GLENDALE



This is Ducky, one of the newest dogs in the neighbourhood! This nearly two-year-old pup recently moved to Glendale along with her people, Claire and Travis, who are our featured “Residents of Glendale” this month.

To have your pet featured in an upcoming edition of the Thumper, please send a photo and short write-up to thumpereditor@yahoo.ca.

SCAN HERE TO VIEW ADDITIONAL GLENDALE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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Hello, Ward 6,

Ward 6 is home to some incredible small businesses. These local businesses enrich the whole community and help sustain the vibrancy that Ward 6 is known for. It is important to support these enterprises as they help our local economy, as well as provide the uniqueness and diversity that residents desire to find. Do you know what businesses are open in your community, neighbouring communities, and/or throughout Calgary? Has there ever been some special service that you needed and wondered if it existed in your community? You can now find any commercial businesses and business licence information on the Business Map. You can search businesses by area through community districts, local area plans, and business improvement areas, or by business licences through license type categories or tradename. This map is located at <https://maps.calgary.ca/businessmap/>.

Are you a business owner? The City of Calgary is here to make things uncomplicated and help you make your business a success. Go to <https://www.calgary.ca/for-business.html> for information and webinars to help make starting or running a business easier. A friendly reminder to business owners that license fees are waived until March 16, 2023.

If you would like the Ward 6 office to promote your business on my social media, please contact clward6@calgary.ca.

To keep up to date with all the latest Ward 6 news, visit Calgary.ca/ward6.

Sincerely,

Richard Pootmans



MLA Calgary-Currie
Nicholas Milliken

Minister of Mental Health & Addiction
#211, 1608 17th Avenue SW, Calgary, AB
T2T 0E3

📞 403-246-4794

✉️ calgary.currie@assembly.ab.ca



Dear Neighbours,

I would like to share with you some good news, Imperial Oil is investing \$720 million to build a new renewable diesel facility – the largest facility of its kind in Canada.

Due to Alberta's competitive taxes, skilled workers, and strong economic outlook, our province continues to be a top destination for investment. This significant capital commitment from Imperial Oil shows our plan is working to attract investment and grow the economy. An estimated 600 construction jobs will be created, not to mention all the indirect economic benefits. It also shows industry's innovation technology leadership, with Alberta's support, reducing emissions in Canada and around the world.

Initial construction on the project has already begun. The project will use vegetable oils — including canola, safflower, sunflower, and soy — and "blue hydrogen" that's produced from natural gas (combined with Carbon Capture Usage Storage "CCUS" technology) to produce renewable diesel. Once it is completed in 2025, the facility will be capable of producing about 20,000 barrels per day.

Another good piece of economic news to share is that Moody's Investors Service upgraded its credit rating for Alberta to Aa2 (stable outlook) up from Aa3 (positive outlook). Alberta's excellent financial management and strong economic performance has been recognized by this upgraded credit rating.

After years of successive downgrades under the previous government, the current government's commitment to increased savings, reduced debt, and a balanced budget have continued to generate stability and prosperity for Alberta, and frankly, all of Canada. This credit upgrade speaks volumes about our responsible decisions to invest in health care, help businesses, and create more jobs for Albertans. Your government will continue to be unrelenting in its focus on investment attraction, economic growth, diversification, and job creation.

This positive economic news reflects the hard work of all Albertans, including the residents of Calgary-Currie. I will continue to work hard to maintain this momentum.

Regards,

MLA Nicholas Milliken

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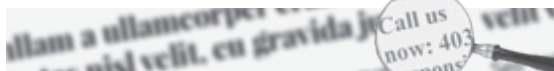
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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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South Calgary Community

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